# How to Install Zoom on a Computer

Before using Zoom, you will need to download and install it on your computer. It will take about 5-10 minutes.

After you register for an online program, an email with a Zoom link will be sent to your email address. Follow this tutorial to access and install the Zoom application from the link sent to your email.

When Zoom is finished installing, view *How to Join a Meeting from a Computer* to learn how to view a specific program.

1 View your email from your computer and open the email with the program information.
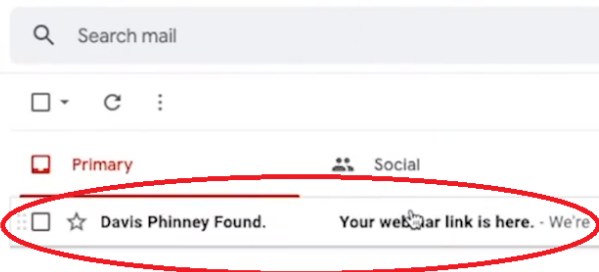
2 Click on the link that starts with https://zoom.us/j/ in the email.

**3** A new window will open. Click the download & run Zoom link on the bottom right of the pop up box.

4 Zoom will immediately begin downloading. A bar will appear at the bottom of the page. Click the file on the bar to open it.
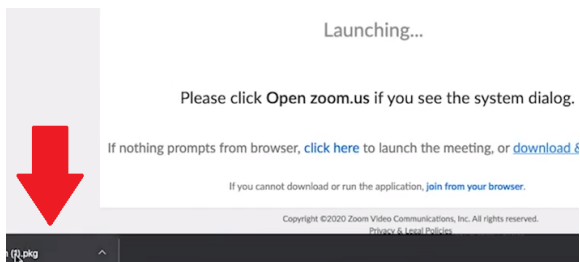
5 A new window will open. Click Continue and follow any prompts to install Zoom.

6 Once Zoom is installed, the Join a Meeting screen will pop up. You're ready to go!
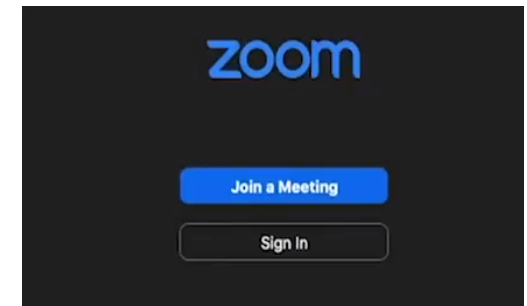
How to Join a Zoom Meeting on a Computer

Parkinson's Nebraska

To join an online program, you will need the unique Zoom link to the meeting you want to access.

After you register for an online program, an email with a Zoom link will be sent to your email address. Follow this tutorial to access a specific program from the link sent to your email.

Before using Zoom, you will need to download and install it on your computer. If you need help installing Zoom, view *How to Install Zoom on a Computer*.

1
View your email from your computer and open the email with the program information.
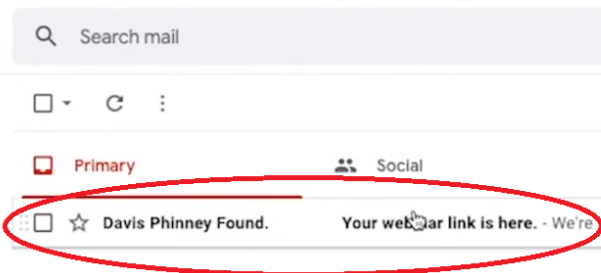
2
Click on the link that starts with https://zoom.us/j/ in the email.
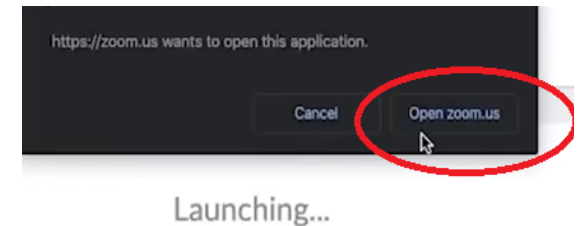
3
A box will appear at the top of the screen. Click on the Open zoom.us button.

4
If the box does not appear, click the click here button to launch the meeting.

5
Type in your name and email address. Click Join Webinar.
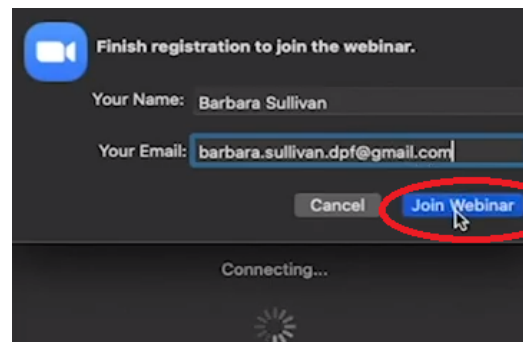
6
The video will open and start at its scheduled time.