



**2020 UNMC's Skate-a-Thon for Parkinson's**  
 to benefit Parkinson's Nebraska  
 Friday, January 24<sup>th</sup>-Saturday, January 25<sup>th</sup>, 2020



**Rock the Clock Team Roster**

Rock the Clock Team Name: \_\_\_\_\_ Team Captain: \_\_\_\_\_

Team Captains, thanks for gathering your friends, family, and coworkers together to "Rock the Clock" with us at this year's UNMC Skate-a-Thon for Parkinson's! Please fill out the Rock the Clock Team Roster so we know who to cheer on throughout the event. Thanks again for your support. See you on the ice! 🛼

	Name of Registered Team Member
Friday 2:00 pm	
Friday 3:00 pm	
Friday 4:00 pm	
Friday 5:00 pm	
Friday 6:00 pm	
Friday 7:00 pm	
Friday 8:00 pm	
Friday 9:00 pm	
Friday 10:00 pm	
Friday 11:00 pm	
Saturday 12:00 am	
Saturday 1:00 am	
Saturday 2:00 am	
Saturday 3:00 am	
Saturday 4:00 am	
Saturday 5:00 am	
Saturday 6:00 am	
Saturday 7:00 am	
Saturday 8:00 am	
Saturday 9:00 am	
Saturday 10:00 am	
Saturday 11:00 am	
Saturday 12:00 pm	
Saturday 1:00 pm	

Since 2010, UNMC and Parkinson's Nebraska has been teaming up to raise funds for local Parkinson's research and services at the UNMC Skate-a-Thon for Parkinson's. Together, we can do great things to help Nebraska's Parkinson's community. We challenge YOU to team up with your friends, family, and coworkers to "Rock the Clock" at this year's event. Divide up the 24-hours between team members to make sure your team is represented on the ice at all times during the event. The event is non-stop fun, with prizes, live entertainment, and more!

**Team Captains-** Please submit your Rock the Clock Team Roster to Amber at [amber@parkinsonsnebraska.org](mailto:amber@parkinsonsnebraska.org) by **Wednesday, January 22 at 5:00 pm** to make sure your team gets recognized by our DJ!