Nebraska Support Group Speakers
September 2019

Adams

Adams Area Parkinson's Disease Support Group
featuring Julie Pavelka, APRN

Julie from Nebraska Medicine will be presenting on a new medical inhaler for Parkinson's disease.

Date: Thursday, September 19th
Time: 1:00 pm
Location: Gold Crest Retirement Center
200 Levi Lane
Adams, NE

Bellevue

The Parkinson's Education and Outreach Group
featuring Michaela Phonephakdy

Michaela Phonephakdy from the Visiting Nurses Association will present ideas for better sleeping.

Date: Tuesday, September 17th
Time: 10:00 am
Location: Nebraska Medicine Bellevue
2500 Bellevue Medical Center Dr.
Bellevue, NE

Grand Island

Grand Island Parkinson's Disease Support Group
featuring Carlotta Hartman, COTA

Carlotta is from Emris international and she will be presenting on holistic lifestyles, holistic PD resources, and the uses od CBD oil.

Date: Sunday, September 15th
Time: 2:00 pm
Location: First Presbyterian Church
2103 W. Anna St
Grand Island, NE

Lincoln

Caregiver's Support Group
featuring Gayle Resh, MA, CTRA, CPRP

Gayle is the Life Enrichment Coordinator at Southlake Village and will be presenting on *Active Aging, Engaging the Power Within You.*

Date: Tuesday, September 24th
Time: 1:30 pm
Location: St. Paul United Methodist Church
1144 M St.
Lincoln, NE
(Room 155)

Lincoln Parkinson's Disease Support Group
featuring Devorah Lanner

Devorah from AARP will be presenting on Medicare and Senior Scams.

Date: Sunday, September 22nd
Time: 2:00 pm
Location: Madonna Rehabilitation Hospital
5401 South St.
Lincoln, NE

Omaha

Parkinson's Nebraska Support Group
Featuring Amber Winter

Amber is the Administrator at Parkinson's Nebraska. She will be presenting on the signs, symptoms, progression and treatment of Parkinson's Disease and resources available

Date: Saturday, September 12th
Time: 2:30 pm
Location: Parkinson's Nebraska Office
16811 Burdette St
Ste. 1
Omaha, NE
(lower level of Heritage Pointe Assisted Living)